

## **Beach Trail**

Distance and time varies

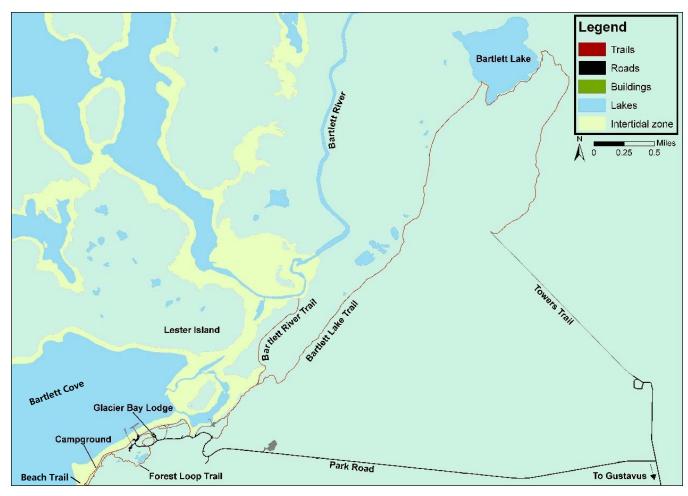
If you are looking for a stroll along the shore with nice views of the cove, head past the campground along the Beach Trail. This route continues for many miles. You may observe land and marine wildlife. Listen for the blow of humpback whales. Watch your time and head back when you choose.

## Forest Loop Trail

Distance: 1 mile loop Time: 30 min- 1.5 hours

Takes you through beach and forest environments of Bartlett Cove. Begin your walk at the dock and continue towards the campground. Boardwalks, benches, and a scenic pond provide for quiet contemplation of this area's sights and sounds.

Note: Park Rangers lead guided walks on this trail daily at 2:00 pm. Meet at the Lodge desk.



## **Bartlett River Trail**

Distance: 4 miles round-trip

Time: 4-5 hours

Begins at trailhead 200 yards past park headquarters. Meanders along an intertidal lagoon and through the spruce/hemlock forest before emerging and ending along the Bartlett River estuary. Watch for coyotes, moose, and bear along the beaches. Ducks, geese, and other waterbirds concentrate in the intertidal area during migrations and molting. Salmon run up this river during the latter part of summer, which attracts hungry harbor seals.

## **Bartlett Lake Trail**

Distance: 8 miles round-trip

Time: 7-8 hours

Begin on the Bartlett River trail. Approximately 3/4 mile down the trail, a sign indicates where the lake trail branches to the right. This trail is not as well maintained, so use caution to not lose the route. The chatter of red squirrels will accompany you as you wind your way over and around moss- covered boulders and lichen covered trees before reaching the shores of Bartlett Lake. During this full-day journey, you may be richly rewarded in solitude and perhaps the call of loons. Bring lunch, water, and rain gear.